

## **Final 2021 – 2022 Family Life Education Lesson Reviews**

### **Kindergarten Emotional and Social Health**

#### **Lesson 1 - Families**

RED Examines different kinds of families, including two-parent (mother and father, two mothers, two fathers) and single-parent families, adoptive families, foster families, families with stepparents, and blended families. Students talk to a shoulder partner about their own families.

#### **Lesson 2 - Families are Special**

YELLOW Discusses hugging, listening, encouraging, and praising. The fact that some behaviors may be inappropriate is introduced.

#### **Lesson 3 - Good Touch, Bad Touch**

YELLOW Good touches are described as those that can be done in front of anyone, not a secret, make the child feel good, are done to keep the child clean or provide medical care, or are an appropriate expression of affection by a family member. Bad touches are defined as touching areas covered by bathing suit or underwear, touching to be kept secret, and touching that makes a child feel bad or uncomfortable. Categorizes both sexually abusive touches and bee stings as bad touches.

#### **Lesson 4 – Responses to Inappropriate Behavior**

YELLOW Lesson explains the kind of touches that feel good and those that feel bad; saying “No” to an adult or child who touches inappropriately, and lists adults you can tell if touched inappropriately. Lesson equates pushing, shoving, and hitting with sexually abusive touches.

### **Grade 1 Emotional and Social Health**

#### **Lesson 1 - My Family Community**

RED Students are taught that a family is a type of community, e.g., two moms, two dads. Divorce is discussed. Students are instructed to turn to a shoulder partner to describe their own families.

#### **Lesson 2 - Family Jobs**

GREEN Students are taught to identify responsibilities of different family members and that if each family member takes care of his or her responsibilities, it makes easier for the family to function.

#### **Lesson 3 - Good Touch, Bad Touch**

YELLOW This is a lesson about personal safety which introduces the concept of sexual abuse. The concept of "Good Touch Bad Touch" can be confusing for some children. For example, a "good touch" is described as a touch that makes you feel "good, happy, loved, great," descriptions which could be manipulated by an abuser.

#### **Lesson 4 - Responses to Inappropriate Behavior**

YELLOW In this lesson, students are introduced to the sensitive topic of what to do in response to inappropriate behavior by other people. Lesson introduces the concept of sexual abuse and refusal skills. Children learn a song "Shout No! Then Go and Tell." Students are encouraged to turn to a trusted adult if a situation makes them uncomfortable. Parents should read this lesson in advance.

### **Grade 2 Emotional and Social Health**

### **Lesson 1 - Good and Bad Hugs**

YELLOW Lesson covers sensitive topic of personal safety, including the concept of sexual abuse. The lesson discusses a range of appropriate and inappropriate hugs.

### **Lesson 2 - Good and Bad Touches**

YELLOW Lesson covers personal safety, including the concept of sexual abuse: “A bad touch may also happen when someone touches you in a private area.” Video: *It’s Your Body: You’re In Charge*.

## **Grade 3 Emotional and Social Health**

### **Lesson 1 - Positive Self Images**

GREEN Students identify positive personal characteristics and attributes.

### **Lesson 2 - Good and Bad Touches**

YELLOW Discusses the sensitive topic of personal safety, including sexual abuse. “Inappropriate approaches will include defining and identifying sexual abuse.” Students learn to say “NO” to an abuser. A (non-graphic) video depicts a friend’s father applying sunscreen inappropriately to a protesting girl.

## **Grade 4 Emotional and Social Health**

### **Lesson 1 - Emotional, Mental, and Social Needs**

YELLOW This lesson begins “Key Questions for the Lesson: What are my emotional, mental, and social needs?” and states that in addition to physical needs “We have other needs that are required for us to be healthy, happy, and good citizens.” The lesson includes a “shoulder partner” exercise in which students list and discuss their personal emotional, mental, and social needs.

### **Lesson 2 - Responsibilities**

GREEN This lesson asks “How do I show that I am a responsible person?” “How have my responsibilities changed over time and how will my responsibilities change in the future?” Encourages children to accept responsibility for assignments and chores.

### **Lesson 3 - Recognizing Threatening, Uncomfortable, Abusive Situations Parts 1 and 2**

YELLOW This lesson is taught in two sessions; both are evaluated here as a single unit. Part 1 contains videos of various scenarios (which are not explicit or graphic) of simulated or implied sexual abuse and Part 2 provides recommended solutions. Generally sound advice, realistically portrayed. One scenario involves a situation in which a young boy lives with his mother and her boyfriend, another involves a neighborhood father applying sunscreen inappropriately to a protesting girl.

### **Lesson 4 - Friendship**

GREEN Discusses the value of friendships, why students should not use social media to criticize friends, how to handle disagreements with friends, and how friendship meets a student’s emotional needs. Students divide into groups and answer the following: “How does friendship meet emotional needs?” “How does friendship meet social needs?” “How does friendship meet mental needs?”

### **Lesson 5 - Being Respectful**

GREEN Students learn about individual differences and the importance of respecting others, including those from different ethnic and cultural backgrounds. Lesson asks “How are people different from one another?” “What does it mean to be respectful of others?” and reminds students “It is important to show respect for all people no matter how similar to or different from us they are.”

## **Grade 4 Human Growth and Development**

### **Lesson 1 - Puberty Boys**

YELLOW Although the materials in this lesson are accurate and contain useful information, some parents may find it age-inappropriate for their child. Video: *The Complete Guide to Puberty: Boys* covers male puberty thoroughly and factually.

### **Lesson 1 - Puberty Girls**

YELLOW Although the materials in this lesson are accurate and contain useful information, some parents may find it age-inappropriate for their child. Video: *The Complete Guide to Puberty: Girls* covers female puberty thoroughly and factually.

## **Grade 5 Emotional and Social Health**

### **Lesson 1 - Roles, Duties, and Responsibilities of Family Members**

YELLOW. Discusses how roles and responsibilities change in families over time. The definition of “family” includes any two or more people in a relationship of undefined commitment and duration.

### **Lesson 2 - Abuse and Neglect**

YELLOW A sensitive and complex subject, includes a “shoulder partner” exercise in which students discuss sexual abuse scenes depicted in video *If It Happens To You- Dealing With Abuse*. Video depicts an intoxicated father physically abusing his son.

## **Grade 5 Human Growth and Development**

### **Lesson 1 - Puberty (BOYS LESSON)**

YELLOW This is a 5-day unit given to boys and girls separately. Possibly age-inappropriate for some children. Some students may be uncomfortable working in pairs when learning reproductive organs. Includes a video: *Just Around the Corner*.

### **Lesson 1 - Puberty (GIRLS ONLY)**

YELLOW This is a 5-day unit given to boys and girls separately. Possibly age-inappropriate for some children. Some students may be uncomfortable working in pairs when learning reproductive organs. Includes a video: *Just Around the Corner*.

### **Lesson 2 - The Reproductive System (Assigned sex at birth as male)**

YELLOW Some parents may consider this age-inappropriate for their child. Material is factually correct.

### **Lesson 2 - The Reproductive System (GIRLS Lesson)**

YELLOW Some parents may consider this age-inappropriate for their child. Material is factually correct.

### **Lesson 3 - Human Reproduction BOYS**

YELLOW Describes human sexual organs, intercourse, and reproduction in detail, including graphic illustrations. Some parents may consider this age-inappropriate for 10-year-olds.

### **Lesson 3 - Human Reproduction GIRLS**

YELLOW Describes human sexual organs, intercourse, and reproduction in detail, including graphic illustrations. Some parents may consider this age-inappropriate for 10-year-olds.

### **Lesson 4 - Abstinence and Refusal Skills BOYS**

YELLOW Reviews reproductive definitions taught in previous lessons. Students work in groups to discuss the benefits of abstinence which is repeatedly emphasized and shown to be advantageous physically, socially, emotionally, and other ways. Lesson teaches children how to say and mean “No.” Although this lesson contains excellent information about abstinence of which most parents would approve, it may be age inappropriate for younger students.

#### **Lesson 4 - Abstinence and Refusal Skills GIRLS**

YELLOW Reviews reproductive definitions taught in previous lessons. Students work in groups to discuss the benefits of abstinence which is repeatedly emphasized and shown to be advantageous physically, socially, emotionally, and other ways. Lesson teaches children how to say and mean “No.” Although this lesson contains excellent information about abstinence of which most parents would approve, it may be age inappropriate for younger students.

#### **Lesson 5 - Sexually Transmitted Infections BOYS**

RED Although this lesson has detailed, accurate information about sexually transmitted infections (STIs) and how they are transmitted, reviewers found it age-inappropriate.

#### **Lesson 5 - Sexually Transmitted Infections GIRLS**

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### **Grade 6 Emotional and Social Health**

#### **Lesson 1 – Child Abuse and Neglect**

YELLOW Students are introduced to the topics of sexual abuse and neglect. Lesson plans suggest that children discuss and sort the definitions of different types of child abuse with their peers. A video about sex trafficking mentions rape, prostitution, and servicing 30 "customers" a day and while factual may be too intense for some 11-year-olds . A well-crafted lesson, addressing serious sexual issues.

#### **Lesson 2 – Community Health Care Agencies**

GREEN Students are taught about government and community health care organizations that could be called upon for various needs ranging from fires to flu shots, along with mental illness, abuse, and addiction. Parents should be aware of the agencies as well so they can discuss them with their children. This lesson could be a good source of information to families who have recently arrived in the US.

#### **Lesson 3 – Internet Safety**

GREEN. Good lesson on Internet safety which also covers the serious consequences and emotional hurt inflicted by cyberbullying, harassment, and sexting.

### **Grade 6 Human Growth and Development**

#### **Lesson 1 – Puberty, Personal Hygiene, and the Male Reproductive System (BOYS LESSON)**

YELLOW This lesson is taught separately to boys and girls and teaches about the physical and emotional changes of puberty for boys and girls. Illustrations are used to teach reproductive organs. A “shoulder partner” exercise in which students discuss emotional and social changes that occur during puberty could prove uncomfortable for some. Teacher’s notes state *“Students may choose which lesson they participate in based on their gender identity.”*

#### **Lesson 1 – Puberty, Personal Hygiene, and the Female Reproductive System (GIRLS LESSON)**

YELLOW This lesson is taught separately to boys and girls and teaches about the physical and emotional changes of puberty for boys and girls. Illustrations are used to teach reproductive organs. A “shoulder partner”

exercise in which students discuss emotional and social changes that occur during puberty could prove uncomfortable for some. Teacher's notes state "*Students may choose which lesson they participate in based on their gender identity.*"

### **Lesson 2 – Puberty, Personal Hygiene, and the Female Reproductive System (BOYS LESSON)**

YELLOW This lesson is taught separately to boys and girls. (Teacher's Notes: "*The following lesson is intended for students whose sex assigned at birth is male.*") It teaches about the physical and emotional changes of puberty for boys and girls. Illustrations are used to teach reproductive organs, pregnancy and childbirth.

### **Lesson 2- Puberty, Personal Hygiene, and the Male Reproductive System**

YELLOW This lesson is taught separately to boys and girls. (Teachers Notes: "*The following lesson is intended for people whose sex assigned at birth is female.*") It teaches about the physical and emotional changes of puberty for boys and girls. Illustrations are used to teach reproductive organs, pregnancy and childbirth.

### **Lesson 3 – Human Reproduction BOYS**

YELLOW This lesson is taught separately to boys and girls. It begins by asking the students to divide into pairs to match cards with male and female reproductive organs which could be uncomfortable for some students. The lesson is objective, mostly about biological information and describes sexual intercourse, fertilization, growth of a baby and childbirth. Depending on maturity level, the information could be too early for some students.

### **Lesson 3 – Human Reproduction GIRLS**

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### **Lesson 4 – Sexually Transmitted Infections BOYS**

YELLOW This lesson is taught separately to boys and girls. STIs are discussed along with the hazards of needle sharing and drug use. The students are asked to work with a partner to create a list of ways to keep from getting an STI.

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### **Lesson 5 – Abstinence and Refusal Skills BOYS**

GREEN This lesson is taught separately to boys and girls. Students separate into groups and develop a table listing the consequences of abstaining from sex before marriage vs a decision to have sex before marriage. Instruction by the teacher is given only after the children are asked to think and discuss among themselves. This group discussion scenario may be uncomfortable for some children and introduces the possibility of inappropriate discussions and the sharing of misinformation. Students are also taught and asked to role play refusal skills with each other, mostly for everyday type situations. This lesson contains good advice on sexual abstinence but may be age inappropriate for some students.

### **Lesson 5 – Abstinence and Refusal Skills GIRLS**

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role play refusal skills with each other, mostly for everyday type situations. This lesson contains good advice on sexual abstinence but may be age inappropriate for some students.

## **Grade 7 Emotional and Social Health**

### **Lesson 1 – Middle School Changes**

RED Lesson examines students' emotions and feelings. Students are provided definitions of heterosexuality, homosexuality, bisexuality, and transgender. Students are taught that their biological sex might not align with their personal perception of gender and that male or female sex "assigned at birth" is arbitrary and can change. Students are taught that not affirming another's sexual orientation or perceived gender identity is to display a negative bias.

### **Lesson 2 – Friendships**

GREEN This lesson talks about the increasing importance of peer relationships and how to maintain good friendships. Lesson emphasizes "adolescents tend to place more value on the thoughts and opinions of their friends rather than their family members."

### **Lesson 3 – Family Relationships**

YELLOW This lesson on family relationships focuses on how roles and responsibilities change during adolescence. Using a graphic titled, "Family Trait Tree" students are asked to describe the traits that would make their ideal family. Students are paired up to create scripts for role play on family communication scenarios and encouraged to share details about personal family dynamics.

### **Lesson 4 – Internet and Technology Safety**

YELLOW Students are encouraged to identify the appropriate and inappropriate personal and social use of technology. Pornography and sexting are discussed. This is a well-designed, practical lesson but the intense subject matter warrants parental preview.

### **Lesson 5 – Developing Positive Self-image and Self-Esteem**

GREEN Students work in teams to evaluate several situations which involve making a decision. Video *Get a Winning Attitude* has a series of scenarios which make the case that persistence and effort are required in order to be successful in school, sports, and life.

### **Lesson 6 – Appropriate Use of Technology**

YELLOW Students are encouraged to identify appropriate and inappropriate personal and social use of technology. Lesson discusses pornography and sexting; students are taught that sexting is illegal. A useful lesson that parents are encouraged to read and discuss with their child.

## **Grade 7 Human Growth and Development**

### **Lesson 1 – Changes of Puberty BOYS**

GREEN This is the first of a five-day unit about Human Growth and Development. Lesson discusses puberty and is detailed and accurate. Students are encouraged to ask teachers questions. Parents are encouraged to follow up and be available to answer questions.

### **Lesson 1 – Changes of Puberty GIRLS**

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## **Lesson 2 - Reproductive Systems: BOYS**

GREEN Students view slides of male and female reproductive anatomy. Students are asked to explain the structure and function of reproductive organs. Both boys and girls learn about menstruation, sexual intercourse and fertilization of ovum. Parents should review and decide if a classroom setting is appropriate for their child to have this discussion.

## **Lesson 2 - Reproductive Systems: GIRLS**

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## **Lesson 3 – Sexually Transmitted Infections BOYS**

RED Students are taught that there are three categories of sexually transmitted infections: bacterial, parasitic, and viral and ways in which they are transmitted. Lesson is detailed about symptoms and methods of transmission. Lessons are presented in manner that assumes sexual activity of students. Oral sex is discussed.

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## **Lesson 4 – Abstinence BOYS**

GREEN Students are taught the benefits of abstaining from sexual activity until marriage. Refusal skills are discussed.

## **Lesson 4 – Abstinence GIRLS**

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## **Grade 8 Emotional and Social Health**

### **Lesson 1 - Adolescent Development and Decision Making**

GREEN. Lesson covers brain development in adolescence, noting that the prefrontal cortex doesn't develop fully until the mid-20s and that this delay can impair youthful decision making. Students view several hypothetical decision-making scenarios and discuss with peers. Parents may want to discuss the scenarios with their children.

### **Lesson 2 - Individual Identity**

RED Students are taught that the development of individual identity occurs over a lifetime and can be described as having four parts – sex assigned at birth, gender identity (includes transgender), gender role, and sexual orientation (includes heterosexual, bisexual, and homosexual).

### **Lesson 3 - Dating Relationships**

YELLOW Students explore personal and family expectations of dating and learn how mass media and peers influence decision making. Lesson encourages parents to work with their child on *Dating Expectations* homework assignment.

### **Lesson 4 - Preventing Exploitation**

YELLOW Students are taught to identify various types of physical, emotional, and sexual exploitation (to include sexting and neglect) and are introduced to prevention and coping skills to fight exploitation along with

sources that can help prevent exploitation. Due to intensity of sexual exploitation as a subject matter, parental review is recommended. This is a two part lesson.

### **Lesson 5 – Sexual Abuse**

**YELLOW** Students will define sexual abuse, dating violence, and discuss prevention strategies, coping strategies, and sources of help. Emphasis is placed on telling a trusted adult. Date rape and teen sex trafficking are discussed. A letter to parents comes home after the lesson. Recommend that parents review lesson and watch video beforehand as some students may find information too intense for classroom discussion.

## **Grade 8 Human Growth and Development**

### **Lesson 1 - Anatomy and Reproduction BOYS**

**YELLOW** First lesson in 5-day unit. Thorough presentation of human reproduction, male and female reproductive systems, pregnancy, and childbirth with accompanying graphic illustrations in PowerPoint briefing and video. Parents should decide if classroom setting for this information is appropriate for their children.

### **Lesson 1 - Anatomy and Reproduction GIRLS**

**YELLOW** First lesson in 5-day unit. Thorough presentation of human reproduction, male and female reproductive systems, pregnancy, and childbirth with accompanying graphic illustrations in PowerPoint briefing and video. Parents should decide if classroom setting for this information is appropriate for their children.

### **Lesson 2 - Sexually Transmitted Infections BOYS**

**RED** Students learn to describe causes, effects, modes of transmission, treatment, and prevention of sexually transmitted infections. Community resources for testing and treatment are presented. Vaginal, oral and anal sex are discussed as means of transmission. Students are instructed to share what they know about STIs with other students.

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### **Lesson 3 – Abstinence BOYS**

**YELLOW** Students will learn the consequences of teen sexual activity and explore the benefits of abstaining from sex until marriage. Students use preprinted cards with various terms associated with abstinence. Teacher Note: *“Keep in mind that students will be giving both positive and negative consequences for both abstinence and engaging in sexual activity.”* Parents are encouraged to discuss with children prior to lesson.

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### **Lesson 4 – Contraception BOYS**

**RED** Contraception is defined and students are given information about barrier and hormonal methods of contraception including specific examples of each method, how the methods work, how they are obtained, and their relationship to disease prevention. Abstinence presented as only 100-percent effective method of preventing pregnancy. Vaginal, anal and oral sex are discussed. No mention of marriage. Students are told how to obtain and use contraceptives.

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## **Grade 9 Emotional and Social Health**

### **Lesson 1 - Family Foundations**

YELLOW Students are asked to define family, subsequently defined in slide 5: “Families in the United States include married or unmarried couples, children being raised by a single-parent or divorced parents, adoptive parents, foster parents, and other relatives such as grandparents.” Students develop graphic showing their relationships to other family members (e.g., daughter, niece, sister), and reflect on changes that result from different family events that occur over time.

### **Lesson 2 - Sexual Violence Prevention**

YELLOW Topics include sexual assault, incest, rape, teen sex trafficking. Lists technical and street names of date rape drugs. Tells students “you’re in control” which puts responsibility on the child. Video *Inside the World of Teen Sex Trafficking: Avoiding Risky Behaviors* discourages but does not rule out meeting online friends in person and advises “Be careful of the older sexual relationships you engage in ...”

### **Lesson 3 - Exploitation**

YELLOW This lesson deals with sexual exploitation. *Washingtonian* article *You're Pretty, You Could Make Some Money* shows how one Northern Virginia gang recruited teenagers through Facebook, Metro stations, shopping malls, and Fairfax County public schools. Advises students to go to their parents if problem situations arise online.

### **Lesson 4 - Pornography**

YELLOW This is a matter-of-fact look at what constitutes pornography, the social and emotional consequences of viewing pornography, and a sobering warning that sexting/exchanging nude pictures of anyone under 18 carries legal ramifications for teens. The slides make it clear that children cannot give their consent to be featured in pornography. States that teens should never be pressured to reenact scenes they might see in pornographic videos and “to set boundaries they are comfortable with and that are appropriate for them.”

### **Lesson 5 - Healthy Relationships**

YELLOW Covers communication skills, decision making, relationships and how love, trust, and empathy can be used to solve conflicts. Discusses concept of consent and setting boundaries (in undefined activities) in romantic relationships.

## **Grade 9 Human Growth and Development**

### **Lesson 1 - Human Reproduction**

GREEN Lesson is taught in combined class of male and female students. Includes approximately a dozen slides of male and female reproductive systems. Active Learning exercise: “Divide the class into groups of 4-6 students. Each group will be assigned one topic – female reproductive anatomy, male reproductive anatomy, menstrual cycle, or fertilization. Possible review activities include card sort, labeling, matching, or game. Students will trade with other groups to review information learned in this lesson.”

## **Lesson 2 - Pregnancy and Childbirth**

GREEN Scientifically accurate information about conception, fetal development and birth, including detailed illustrations of stages of pregnancy. Asks “What are some healthful behaviors that a woman should follow before conception and during pregnancy?” “What are some healthful behaviors that a man should follow before conception and during the mother’s pregnancy?” Did not see video.

## **Lesson 3 - Abstinence**

YELLOW Lesson discourages “engaging in sexual activity before one is ready” and includes an exercise in which students list reasons for engaging and not engaging in sexual activity. “Before choosing to be sexually active you should carefully consider what you are really comfortable doing.”

## **Lesson 4 - Contraception**

RED Students work on "Myth and Fact" sheet which confirms that *“Teens can get prescription birth control without a parent,”* and states *“Most teens will not be sexually active as 9th graders but it is ok to start thinking about what might be the right choice for you in the future.”*

## **Lesson 5 - Sexually Transmitted Infections**

RED Discusses oral and anal sex, hazards of needle sharing. Repeated references to anal sex, sexual partners, *“How will you tell your sexual partner (about your incurable herpes)?”*

## **Lesson 6 - Human Sexuality**

RED Transgender and "gender identity" are discussed. Sexuality includes “an individual’s feelings, thoughts, and behaviors of being male or female.” Uses the term “sex assigned at birth” to convey that an individual’s gender identity is unrelated to biological sex.

## **Grade 10 Human Growth and Development**

### **Lesson 1 - Health Awareness and Self Examinations BOYS**

GREEN Students are given instruction on early detection strategies and identification of warning signs of various disorders. Boys receive instruction on testicular self-exams. Parents encouraged to review in order to address concerns this may raise with their children. Did not see video on testicular exam.

### **Lesson 1 - Health Awareness and Self Examinations GIRLS**

GREEN Students are given instruction on early detection strategies and identification of warning signs of various disorders. Girls receive instruction on breast self-awareness. Parents encouraged to review in order to address concerns this may raise with their children.

### **Lesson 2 – Contraception**

YELLOW Group discussions among students about various contraceptive methods. Risks associated with contraception methods presented do not give adequate attention to risks involved. Instruction on abstinence and refusal skills also presented.

### **Lesson 3 - Unplanned Pregnancy**

RED Students discuss three options available in the event of an unplanned pregnancy: Keep and parent the baby, adoption, abortion. Teacher's notes state that young women can obtain abortion without parental consent using free legal services.

### **Lesson 4 - Sexually Transmitted Infections**

RED Students learn about the most common bacterial, viral, and parasitic STIs. Transmission of STI’s through oral and anal sex is discussed. Pre-exposure prophylaxis (PrEP) is presented as a means of HIV prevention.

How to use a dental dam for oral sex is discussed. Students are given writing prompts of scenarios of how to tell a partner about being infected with an STI. A list of community health resources is distributed to students.

### **Lesson 5 - Human Sexuality**

RED Students are taught that their biological sex can differ from their personal perception of gender. Students are asked to pair up for discussions on sexual orientation and gender identity. Worksheet asks student whether their views on human sexuality match their parents' views.

### **Lesson 6 – Relationships**

YELLOW Students examine dating relationships, dating violence, rape, and sex trafficking. Information on consent for sexual relationships is discussed, implying casual sex. Missing from this discussion is that consent for sexual relations is consent for pregnancy, STIs, and emotional issues. Parents are encouraged to review and decide whether this lesson is appropriate for their children. Violence and abuse are discussed and shown in videos. This may be disturbing to some students.

## **Grade 11 Family Life Education**

### **Lesson 1 - Prevention of Pregnancy and Sexually Transmitted Infections**

RED The statement “sexually transmitted infections and pregnancy are both preventable,” implies that pregnancy and sexually transmitted infections are equivalent. Abstinence is mentioned on several occasions as the only 100% way to prevent STIs and pregnancy, but a major part of the lesson discusses what to do if a student is sexually active.

Medical omissions: Students are told about PrEP (to prevent HIV), IUDs, LARC, the morning after pill, and other ways to prevent pregnancy without due explanation of the risks of some of these methods.

Students spend two 90-minute class periods analyzing data from the FCPS Youth Survey. This data covers topics such as condom use by 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders. Such statements as “when a couple decides to become sexually active” and “When two people decide to engage in sexual activity ...” contradicts FCPS policy of encouraging abstinence until marriage. Lesson mentions anal and oral sex multiple times.

### **Lesson 2 - Unhealthy Relationships and Sexual Violence**

RED The discussion of consent assumes sex outside of marriage and implies that anything agreed to is acceptable. This section requires the students be separated into groups to conduct peer discussions about topics requiring more guidance than the lesson provides.

## **Grade 12 Family Life Education**

### **Lesson 1 - The Family in Virginia Law**

RED This lesson covers Virginia laws on divorce, adoption, child pornography and other subjects and includes graphic descriptions of myriad sexual offenses which may be too intense for some students, especially those who may have been victims of sexual assault. Includes case studies on adoption, child neglect due to parental drug abuse and sexual assault along with a video *Tricked: Inside the World of Teen Sex Trafficking*.

### **Lesson 2 - Sexually Transmitted Infections**

RED This lesson covers Pre-Exposure Prophylaxis (PrEP), a daily medication which, if taken properly, is 70% to 90% effective in preventing HIV infection. Long-term use can cause liver damage and other serious consequences and the difficulty of adolescents adhering to such a demanding regimen lessens its effectiveness.

### **Lesson 3 - Contraception**

RED Despite several references to abstinence, including “... *abstinence is the only method that is 100% effective at preventing pregnancy and sexually transmitted infections,*” this lesson implies casual sex throughout: “*Deciding whether or not to be sexually active is a very personal decision.*” and “*Tell students that there is a family planning walk-in clinic which can assist teens in obtaining contraception.*”