

Draft FLE reviews 2020 – 2021

Kindergarten

Emotional and Social Health

Lesson 1 Family Words K ESH L1

YELLOW Examines different kinds of families, including two-parent and single-parent families, adoptive families, foster families, families with stepparents, and blended families. Students identify adult and child members of their families living in the same home and then draw a picture of their family and use the family words to identify family members in the picture. Video *All About Families* examines various family types. Students talk to a shoulder partner about their own families which could reveal inappropriate personal information and prove embarrassing to some students.

Lesson 2 – Families are Special K ESH L2

GREEN Discusses behaviors such as hugging, listening, protecting, providing guidance, encouraging, and praising. The fact that some behaviors may be inappropriate is introduced. “Sometimes the ways people show affection might not feel comfortable. For example, your aunt might hug you too tightly. If that happens, you can talk to your parents about it and tell them how you feel.” Distinguishing between good and bad touches could be confusing for a 5-year old.

Lesson 3 – Good Touch, Bad Touch K ESH L3

YELLOW Good touches are described as those that can be done in front of anyone, not a secret, make the child feel good, are done to keep the child clean or provide medical care, or are an appropriate expression of affection by a family member. Bad touches are defined as touching areas covered by bathing suit or underwear, touching to be kept secret, and touching that makes a child feel bad or uncomfortable. Includes an exercise which gives examples of different kinds of touches which students evaluate as good or bad. This lesson could be confusing to children since it includes in the “bad touch” category both sexually abusive touches and arm bites and bee stings.

Lesson 4 – Responses to Inappropriate Behavior K ESH L4

YELLOW Lesson explains the kind of touches that feel good (which could be confusing or ambiguous to children) and those that feel bad; saying “No” to an adult or child who touches inappropriately; and lists adults you can tell if touched inappropriately. Lesson equates pushing, shoving, and hitting with sexually abusive touches. Students learn song *Shout No! Then Go and Tell* and practice saying “No”.

Grade 1

Emotional and Social Health

Lesson 1 - My Family Community G1 ESH L1

YELLOW Students are taught that a family is a type of community. There is no mention of love or the preeminence of parent and child bond. Family is presented as just one of many types of communities. Students are instructed to turn to a shoulder partner to describe their own families; first graders may be too young to know what is inappropriate to reveal in class.

Lesson 2 - Family Jobs G1 ESH L2

GREEN Students are taught to identify responsibilities of different family members and that if each family member takes of his or her responsibilities, it makes easier for the function. Book shared in this lesson reinforces that taking care of duties is an important part of being responsible.

Lesson 3 - Good Touch, Bad Touch G1 ESH L3

YELLOW This is a lesson about personal safety which introduces the concept of sexual abuse. The concept of "Good Touch Bad Touch" can be confusing for some children. For example, a "good touch" is described as a touch that makes you feel "good, happy, loved, great," descriptions which could be manipulated by an abuser. Parents receive the *Home Connection* letter containing information about sensitive information contained this lesson after the lesson has been taught.

Lesson 4 - Responses to Inappropriate Behavior G1 ESH L4

YELLOW In this lesson, students are introduced to the sensitive topic of what to do in response to inappropriate behavior by other people. Lesson introduces the concept of sexual abuse and teaches refusal skills. Children learn a song "Shout No! Then Go and Tell." Students are encouraged to turn to a trusted adult if a situation makes them uncomfortable. Distinguishing between what type of touch makes a child feel uncomfortable and is thus "bad" could be confusing.

Grade 2

Emotional and Social Health

Lesson 1 - Good and Bad Hugs G2 ESH L1

YELLOW Lesson covers sensitive topic of personal safety, including the concept of sexual abuse. Although the lesson discusses a range of appropriate and inappropriate hugs, the difficulty that a seven-year old child would have in distinguishing good hugs from bad warrants parental review and discussion at home.

Lesson 2 - Good and Bad Touches G2 ESH L2

YELLOW Lesson covers sensitive topic of personal safety, including the concept of sexual abuse: "A bad touch may also happen when someone touches you in a private area." Video: *It's Your Body: You're In Charge*. A *Home Connection Letter* to parents describing the lesson goes home after the lesson has been taught instead of before when parents could more fully consider the materials in time to opt out.

Grade 3

Emotional and Social Health

Lesson 1 - Positive Self Images G3 ESH L1

GREEN Students identify positive personal characteristics and attributes.

Lesson 2 - Good and Bad Touches G3 ESH L2

YELLOW Discusses the sensitive topic of personal safety, including sexual abuse. "Inappropriate approaches will include defining and identifying sexual abuse." Students learn to say "NO" to an abuser. A (non-graphic) video depicts a friend's father applying sunscreen inappropriately to a protesting girl. A *Home Connection* letter to parents describing the lesson goes home after the lesson has been taught instead of before when parents could more fully consider the material in time to opt out.

Grade 4

Emotional and Social Health

Lesson 1 - Emotional, Mental, and Social Needs G4 ESH L1

YELLOW This lesson begins “Key Questions for the Lesson: What are my emotional, mental, and social needs?” and states that in addition to physical needs “We have other needs that are required for us to be healthy, happy, and good citizens.” The lesson includes a “shoulder partner” exercise in which students list and discuss their personal emotional, mental, and social needs (sample questions: “How would you feel if your social needs were not being met?” and “Where or who else can help you fulfill your emotional needs?”) which could prove uncomfortable for some students due to the personal nature of the information and who their shoulder partner is.

Lesson 2 - Responsibilities G4 ESH L2

GREEN This lesson asks “How do I show that I am a responsible person?” “How have my responsibilities changed over time and how will my responsibilities change in the future?” Encourages children to accept responsibility for assignments and chores.

Lesson 3 - Recognizing Threatening, Uncomfortable, Abusive Situations Parts 1 and 2 G4 ESH L3

YELLOW This lesson is taught in two sessions; both are evaluated here as a single unit. Part 1 contains videos of various scenarios (which are not explicit or graphic) of simulated or implied sexual abuse and Part 2 provides recommended solutions. Generally sound advice, realistically portrayed. One scenario involves a situation in which a young boy lives with his mother and her boyfriend, another involves a neighborhood father applying sunscreen inappropriately to a protesting girl.

Lesson 4 Friendship G4 ESH L4

GREEN Discusses the value of friendships, why students should not use social media to criticize friends, how to handle disagreements with friends, and how friendship meets a student’s emotional needs. Students divide into groups and answer the following: “How does friendship meet emotional needs?” “How does friendship meet social needs?” “How does friendship meet mental needs?”

Lesson 5 Being Respectful G4 ESH L5

GREEN Students learn about individual differences and the importance of respecting others, including those from different ethnic and cultural backgrounds. Lesson asks “How are people different from one another?” “What does it mean to be respectful of others?” and reminds students “It is important to show respect for all people no matter how similar to or different from us they are.” Students work with Venn diagrams to show similarities and differences among people.

Grade 4

Human Growth and Development

Lesson 1 Puberty Boys G4 HGD L1B

YELLOW Although the materials in this lesson are accurate and contain useful information, some parents may find it age-inappropriate for their child. Video: *The Complete Guide to Puberty: Boys* covers male puberty thoroughly and factually.

Lesson 1 Puberty Girls G4 HGD L1G

YELLOW Although the materials in this lesson are accurate and contain useful information, some parents may find it age-inappropriate for their child. Video: *The Complete Guide to Puberty: Girls* covers female puberty thoroughly and factually.

Grade 5

Emotional and Social Health

Lesson 1 - Roles, Duties, and Responsibilities G5 ESH L1

GREEN Discusses how roles and responsibilities change in families over time.

Lesson 2 - Child Abuse and Neglect G5 ESH L2

YELLOW A sensitive and complex subject, possibly inappropriate for some children. Video *If It Happens To You- Dealing With Abuse* depicts a intoxicated father physically abusing his son.

Grade 5

Human Growth and Development

Lesson 1 Puberty BOYS G5 HGD L1

YELLOW This is a 5-day unit given to boys and girls separately. Possibly age-inappropriate for some children. Some students may be uncomfortable working in pairs when learning reproductive organs. Includes a video: *Just Around the Corner*. A *Home Connection* letter to parents describing the lesson goes home after the lesson has been taught instead of before when parents could more fully consider the materials in time to opt out.

Lesson 1 Puberty GIRLS G5 HGD L1

YELLOW This is a 5-day unit given to boys and girls separately. Possibly age-inappropriate for some children. Some students may be uncomfortable working in pairs when learning reproductive organs. Includes a video: *Just Around the Corner*. A *Home Connection* letter to parents describing the lesson goes home after the lesson has been taught instead of before when parents could more fully consider the materials in time to opt out.

Lesson 2 The Reproductive System BOYS G5 HGD L2

YELLOW Some parents may consider this age-inappropriate for their child. Material is factually correct.

Lesson 2 The Reproductive System GIRLS G5 HGD L2

YELLOW Some parents may consider this age-inappropriate for their child. Material is factually correct.

Lesson 3 Human Reproduction BOYS G5 HGD L3

YELLOW Some parents may consider this age-inappropriate. Material is factually correct.

Lesson 3 Human Reproduction GIRLS G5 HGD L3

YELLOW Some parents may consider this age-inappropriate. Material is factually correct.

Lesson 4 Abstinence and Refusal Skills BOYS G5 HGD L4

YELLOW Reviews reproductive definitions taught in previous lessons. Students work in groups to discuss the benefits of abstinence which is repeatedly emphasized and shown to be advantageous physically, socially, emotionally, and many other ways. Lesson teaches children how to say and mean “No.” Although this lesson contains excellent information about abstinence of which most parents would approve, it may be age inappropriate for younger/less mature students.

Lesson 4 Abstinence and Refusal Skills GIRLS G5 HGD L4

YELLOW Reviews reproductive definitions taught in previous lessons from which some students may have been opted out. Students work in groups to discuss the benefits of abstinence which is repeatedly emphasized and shown to be advantageous physically, socially, emotionally, and in many other ways. Lesson teaches children how to say and mean “No.” Although this lesson contains excellent information about abstinence of which most parents would approve, it may be age inappropriate for younger/less mature students.

Lesson 5 Sexually Transmitted Infections BOYS G5 HGD L5

RED Although this lesson has detailed, accurate information about sexually transmitted infections (STIs) and how they are transmitted, reviewers found it age-inappropriate for most.

Lesson 5 Sexually Transmitted Infections GIRLS G5 HGD L5

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Grade 6

Emotional and Social Health

Lesson 1 – Child Abuse and Neglect G6 ESH L1

RED Students are introduced to the topics of sexual abuse and neglect. Lesson plans suggest that children discuss and sort the definitions of different types of child abuse with their peers. A video about sex trafficking mentions rape, prostitution, and servicing 30 "customers" a day and while factual may be too intense for some 11-year olds and should be viewed in advance by parents.

Lesson 2 – Community Health Care Agencies G6 ESH L2

GREEN Students are taught about government and community health care organizations that could be called upon for various needs ranging from fires to flu shots, along with mental illness, abuse, and addiction. Parents should be aware of the agencies as well so they can discuss them with their children. This lesson could be a good source of information to families who have recently arrived in the US.

Grade 6

Human Growth and Development

Lesson 1 – Puberty and Hygiene BOYS G6 HGD L1

YELLOW This lesson is taught separately to boys and girls. It teaches about the physical and emotional changes of puberty for boys and girls. Illustrations are used to teach reproductive organs. A “shoulder partner” exercise in which students discuss emotional and social changes that occur during puberty could prove uncomfortable for some.

Lesson 1 – Puberty, Personal Hygiene, and the Female Reproductive System (GIRLS LESSON) G6 HGD L1

YELLOW This lesson is taught separately to boys and girls. It teaches about the physical and emotional changes of puberty for boys and girls. Illustrations are used to teach reproductive organs, pregnancy and childbirth. A “shoulder partner” exercise in which students discuss emotional and social changes that occur during puberty could prove uncomfortable for some.

Lesson 2 – Reproductive Systems BOYS G6 HGD L2

YELLOW This lesson is taught separately to boys and girls. It teaches about the physical and emotional changes of puberty for boys and girls. Illustrations are used to teach reproductive organs, pregnancy and childbirth.

Lesson 2 – Reproductive Systems GIRLS G6 HGD L2

YELLOW This lesson is taught separately to boys and girls. It teaches about the physical and emotional changes of puberty for boys and girls. Illustrations are used to teach reproductive organs, pregnancy and childbirth.

Lesson 3 – Human Reproduction BOYS G6 HGD L3

YELLOW This lesson is taught separately to boys and girls. It begins by asking the students to divide into pairs to match cards with male and female reproductive organs which could be uncomfortable for some students. The lesson is objective, mostly about biological information and describes sexual intercourse, fertilization, growth of a baby and childbirth. Depending on maturity level, the information could be too early for some students.

Lesson 3 – Human Reproduction GIRLS G6 HGD L3

YELLOW This lesson is taught separately to boys and girls. It begins by asking the students to divide into pairs to match cards with male and female reproductive organs which could be uncomfortable for some students. The lesson is objective, mostly about biological information and describes sexual intercourse, fertilization, growth of a baby and childbirth. Depending on maturity level, the information could be too early for some students.

Lesson 4 – Sexually Transmitted Infections BOYS G6 HGD L4

RED This lesson is taught separately to boys and girls. STIs are discussed along with the idea of spreading disease to your "sexual partners" and the hazards of needle sharing and drug use. The students are asked to work with a partner to create a list of ways to keep from getting an STI.

Lesson 4 – Sexually Transmitted Infections GIRLS G6 HGD L4

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Lesson 5 – Abstinence and Refusal Skills BOYS G6 HGD L5

YELLOW This lesson is taught separately to boys and girls. Students separate into groups and develop a table listing the consequences of abstaining from sex before marriage vs a decision to have sex before marriage. Instruction by the teacher is given only after the children are asked to think and discuss among themselves. This group discussion scenario may be uncomfortable for some children and introduces the possibility of inappropriate discussions and the sharing of misinformation. Students are also taught and asked to role play refusal skills with each other, mostly for everyday type situations. This lesson contains good advice on sexual abstinence but may be age inappropriate for some students.

Lesson 5 – Abstinence and Refusal Skills GIRLS G6 HGD L5

YELLOW This lesson is taught separately to boys and girls. Students separate into groups and develop a table listing the consequences of abstaining from having sex before marriage vs a decision to have sex before marriage. Instruction by the teacher is given only after the children are asked to think and discuss among themselves. This group discussion scenario may be uncomfortable for some children and introduces the possibility of inappropriate discussions and the sharing of misinformation. Students are also taught and asked to role play refusal skills with each other, mostly for everyday type situations. This lesson contains good advice on sexual abstinence but may be age inappropriate for some students.

Grade 7

Emotional and Social Health

Lesson 1 – Middle School Changes G7 ESH L1

RED Students are provided definitions for the following sexual orientation terms: heterosexuality, homosexuality, and bisexuality; and the gender identity term transgender. Students are taught that their biological sex might not align with their personal perception of gender and that sex is "assigned at birth" and is

malleable. Students are taught that not affirming another's sexual orientation or perceived gender identity is to display a negative bias.

Lesson 2 – Friendships G7 ESH L2

YELLOW This lesson talks about the increasing importance of peer relationships and how to maintain good friendships. Lesson emphasizes “adolescents tend to place more value on the thoughts and opinions of their friends rather than their family members.” Information about depression and how to help yourself or others is presented. Lesson advises students to tell a parent or trusted adult about a friend who seems clinically depressed. Includes suicide hotline information. Discussion of suicide could be disturbing to some students.

Lesson 3 – Family Relationships G7 ESH L3

YELLOW This lesson on family relationships focuses on how roles and responsibilities change during adolescence. Using a graphic titled, “Family Trait Tree” students are asked to describe the traits that would make their ideal family. Students are paired up to create scripts for role play on family communication scenarios and encouraged to share details about personal family dynamics.

Lesson 4 – Internet Safety G7 ESH L4

YELLOW Students are encouraged to identify the appropriate and inappropriate personal and social use of technology. The notion of what is considered pornography is discussed. Sexting is discussed. This is an important topic which some families may prefer to discuss privately. Videos shown could be disturbing to some students. Parents are encouraged discuss with their children.

Lesson 5 – Developing Positive Self-image and Self-Esteem/Decision Making G7 ESH L5

YELLOW Students work in teams to evaluate several situations which involve making a decision. The scenarios are never resolved to determine the "right" course of action. Recommend parents discuss these scenarios with their children help them make the right decisions.

Lesson 6 – Appropriate Use of Technology (new lesson) G7 ESH L6

YELLOW Students are encouraged to identify the appropriate and inappropriate personal and social use of technology. Lesson discusses pornography and sexting and students are taught that sexting is illegal. This is a very important topic which some families may prefer to discuss privately.

Grade 7

Human Growth and Development

Lesson 1 – Changes of Puberty BOYS G7 HGD L1

YELLOW This is the first of a five-day unit about Human Growth and Development. Lesson discusses puberty and is detailed and accurate. Students are encouraged to ask teachers to answer their questions. Parents are encouraged to follow up and be available to answer questions.

Lesson 1 – Changes of Puberty GIRLS G7 HGD L1

YELLOW This is the first of a five-day unit about Human Growth and Development. Lesson discusses puberty and is detailed and accurate. Students are encouraged to ask teachers to answer their questions. Parents are encouraged to follow up and be available to answer questions.

Lesson 2 - Reproductive Systems: BOYS G7 HGD L2

YELLOW Students view slides of male and female reproductive anatomy. Students are asked to explain the structure and function of reproductive organs. Both boys and girls learn about menstruation, sexual intercourse and fertilization of ovum. Parents should review and decide if a classroom setting is appropriate for their child to have this discussion.

Lesson 2 - Reproductive Systems: GIRLS G7 HGD L2

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Lesson 3 – Sexually Transmitted Infections BOYS G7 HGD L3

RED Students are taught that there are three categories of sexually transmitted infections: bacterial, parasitic, and viral and ways in which they are transmitted. Lesson is detailed about symptoms and methods of transmission. Lessons are presented in manner that assumes sexual activity of students. Oral sex is discussed.

Lesson 3 – Sexually Transmitted Infections GIRLS G7 HGD L3

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Lesson 4 – Abstinence BOYS G7 HGD L4

YELLOW Students are taught the benefits of abstaining from sexual activity until marriage. Refusal skills are discussed. Parents are encouraged to review to decide appropriateness for classroom setting.

Lesson 4 – Abstinence GIRLS G7 HGD L4

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Grade 8

Emotional and Social Health

Lesson 1 - Adolescent Development and Decision Making G8 ESH L1

YELLOW Lesson covers brain development in adolescence, noting that the prefrontal cortex doesn't develop fully until the mid-20s and that this delay can impair youthful decision making. Students view several hypothetical decision-making scenarios and discuss with peers. Recommend that parents review these scenarios and - rather than peers - be the ones helping to guide decision-making.

Lesson 2 - Individual Identity G8 ESH L2

RED Students are taught that the development of individual identity occurs over a lifetime and can be described as having four parts – sex assigned at birth, gender identity (includes transgender), gender role, and sexual orientation (includes heterosexual, bisexual, and homosexual).

Lesson 3 - Dating Relationships G8 ESH L3

YELLOW Students explore personal and family expectations of dating and learn that mass media and their peers can influence decision making. Recommend that parents discuss their own dating expectations before peers and social and media weigh in. Parents are encouraged to look homework assignment on “Dating Expectations.”

Lesson 4 - Preventing Exploitation G8 ESH L4

YELLOW Students are taught to identify various types of physical, emotional, and sexual exploitation (to include sexting and neglect) and are introduced to prevention and coping skills to combat exploitation. Students

are also given sources that can help prevent exploitation. Due to intensity of sexual exploitation as a subject matter, parental review is recommended.

Lesson 5 – Sexual Abuse G8 ESH L5

YELLOW Students will define sexual abuse, dating violence, and discuss prevention strategies, coping strategies, and sources of help. Emphasis is placed on telling a trusted adult. Date rape and teen sex trafficking are discussed. A letter to parents comes home after the lesson. Recommend that parents review lesson and watch video beforehand as some students may find information too intense for classroom discussion.

Grade 8

Human Growth and Development

Lesson 1 - Anatomy and Reproduction BOYS G8 HGD L1

YELLOW First lesson in 5-day unit. Thorough presentation of human reproduction, male and female reproductive systems, pregnancy, and childbirth with accompanying graphic illustrations in PowerPoint briefing and video. Parents should decide if classroom setting for this information is appropriate for their children.

Lesson 1 - Anatomy and Reproduction GIRLS G8 HGD L1

YELLOW First lesson in 5-day unit. Thorough presentation of human reproduction, male and female reproductive systems, pregnancy, and childbirth with accompanying graphic illustrations in PowerPoint briefing and video. Parents should decide if classroom setting for this information is appropriate for their children.

Lesson 2 - Sexually Transmitted Infections BOYS G8 HGD L2

RED Students learn to describe causes, effects, modes of transmission, treatment, and prevention of sexually transmitted infections. Community resources for testing and treatment are presented. Vaginal, oral and anal sex are discussed as means of transmission. Students are instructed to share what they know about STIs with other students.

Lesson 2 - Sexually Transmitted Infections GIRLS G8 HGD L2

RED Students learn to describe causes, effects, modes of transmission, treatment, and prevention of sexually transmitted infections. Community resources for testing and treatment are presented. Vaginal, oral and anal sex are discussed as means of transmission. Students are instructed to share what they know about STIs with other students.

Lesson 3 – Abstinence BOYS G8 HGD L3

YELLOW Students will describe the consequences of teen sexual activity and explore the benefits of abstaining from sexual activity until marriage. Students use preprinted cards with various terms associated with abstinence. Parents are encouraged to discuss with children prior to lesson.

Lesson 3 – Abstinence GIRLS G8 HGD L3

YELLOW Students will describe the consequences of teen sexual activity and explore the benefits of abstaining from sexual activity until marriage. Students use preprinted cards with various terms associated with abstinence. Parents are encouraged to discuss with children prior to lesson.

Lesson 4 – Contraception BOYS G8 HGD L4

RED Contraception is defined and students are given information about barrier and hormonal methods of contraception including specific examples of each method, how the methods work, how they are obtained, and their relationship to disease prevention. Abstinence presented as only 100-percent effective method of preventing pregnancy. Vaginal, anal and oral sex are discussed. No mention of marriage. Students are told how to obtain and use contraceptives, but not about the associated health risks.

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their relationship to disease prevention. Abstinence presented as only 100-percent effective method of preventing pregnancy. Vaginal, anal and oral sex are discussed. No mention of marriage. Students are told how to obtain and use contraceptives, but not about the associated health risks.

Grade 9

Emotional and Social Health

Lesson 1 Family Foundations G9 ESH L1

YELLOW Students are asked to define family, subsequently defined in slide 5: “Families in the United States include married or unmarried couples, children being raised by a single-parent or divorced parents, adoptive parents, foster parents, and other relatives such as grandparents.” Students develop graphic showing their relationships to other family members (e.g., daughter, niece, sister), and reflect on changes that result from different family events that occur over time.

Lesson 2 Sexual Violence Prevention G9 ESH L2

YELLOW Topics include sexual assault, incest, rape, teen sex trafficking. Lists technical and street names of date rape drugs. Tells students “you’re in control” which puts responsibility on the child. Video *Inside the World of Teen Sex Trafficking: Avoiding Risky Behaviors* instructs students to let their parents know where they’ll be. The introduction encourages teachers to direct students toward their parents as a resource in these situations.

Lesson 3 Exploitation G9 ESH L3

YELLOW This lesson deals with sexual exploitation. *Washingtonian* magazine article *You're Pretty, You Could Make Some Money* shows how one Northern Virginia gang recruited teenagers through Facebook, at Metro stations, shopping malls, and Fairfax County public schools. Repeatedly counsels students to go to their parents if problem situations arise online.

Lesson 4 Healthy Relationships G9 ESH L4

YELLOW Covers communication skills, decision making, relationships and how love, trust, and empathy can be used to solve conflicts. Discusses concept of consent and setting boundaries (in undefined activities) in romantic relationships.

Lesson 5 Pornography G9 ESH L5

YELLOW This is a matter-of-fact look at what constitutes pornography, the social and emotional consequences of viewing pornography, and a sobering warning that sexting/exchanging nude pictures of anyone under 18 carries legal ramifications for teens. The slides make it clear that children cannot give their consent to be featured in pornography. States that teens should never be pressured to reenact scenes they might see in pornographic videos, but may give the impression such acts are not out of bounds if consensual. Tells students “to set boundaries they are comfortable with and that are appropriate for them.” Counsels children several times to go to their parents, religious leaders, or other trusted adults if they encounter pornography that is distressing to them.

Grade 9

Human Growth and Development

Lesson 1 Human Reproduction G9 HGD L1

YELLOW Lesson is taught in combined class of male and female students. Includes approximately a dozen slides of male and female reproductive systems. Active Learning exercise: “Divide the class into groups of 4-6 students. Each group will be assigned one topic – female reproductive anatomy, male reproductive anatomy,

menstrual cycle, or fertilization. Possible review activities include card sort, labeling, matching, or game. Students will trade with other groups to review information learned in this lesson.”

Lesson 2 Pregnancy and Childbirth G9 HGD L2

GREEN Scientifically accurate information about conception, fetal development and birth, including detailed illustrations of stages of pregnancy. Asks “What are some healthful behaviors that a woman should follow before conception and during pregnancy?” “What are some healthful behaviors that a man should follow before conception and during the mother’s pregnancy?” Did not see video.

Lesson 3 Abstinence G9 HGD L3

YELLOW The lesson begins: “Students will identify sexual abstinence as the appropriate choice for adolescents,” and teachers are instructed to emphasize that “sexual abstinence is clearly the best choice for teenagers.” Lesson discourages “engaging in sexual activity before one is ready” implying approval when one IS ready, whether married or not. Lesson includes an exercise in which students list reasons for engaging and for not engaging in sexual activity. The statement “Before choosing to be sexually active you should carefully consider what you are really comfortable doing,” undercuts the abstinence message by tacitly approving sexual activity as long as one is “comfortable” doing so.

Lesson 4 Contraception G9 HGD L4

RED Students work on "Myth and Fact" sheet which confirms that “Teens can get prescription birth control without a parent.” The kidshealth.org website referred to in this lesson contains numerous “for teen” sections that contradict many families’ closely held beliefs. The Department of Health and Human Services’ *womenshealth.gov* fact sheet on *Birth Control Methods*, which is recommended to students on slide 12, lists Planned Parenthood Federation of America (among other organizations) as a resource and gives contact information.

Lesson 5 Sexually Transmitted Infections G9 HGD L5

RED Discusses oral and anal sex, hazards of needle sharing. Repeated references to anal sex, sexual partners, “How will you tell your sexual partner (about your incurable herpes)?” PrEP (HIV prevention medication) is mentioned. States that abstinence is the best method for preventing STIs. Teachers are given the option of allowing students to do their own research about STIs through a list of government websites, or the teacher can choose to provide handouts from those sites. Results are discussed in class.

Lesson 6 Human Sexuality G9 HGD L6

RED States that humans are sexual beings from infancy to death, Human sexuality “is a broad concept that includes aspects of the physical, psychological, social, emotional, and spiritual makeup of an individual. It is not limited to the physical or biological reproductive elements and behavior, but encompasses the manner in which individuals use their own roles, relationships, values, customs, and gender.”

Students are encouraged to share where their understanding of sexuality originated and are told that much of our understanding comes from family, religion, culture, and friends. Though they are free to create their own meaning of sexuality, they should be aware of what others around them (including parents) think. Introduces a new and scientifically unsupported definition of “sexual identity.” Transgender and "gender identity" are discussed. Sexuality includes “an individual’s feelings, thoughts, and behaviors of being male or female.” Uses the term “sex assigned at birth” to convey that an individual’s gender identity is unrelated to biological sex. “For most people, their gender identity is the same as their sex assigned at birth. For some people, it is not the same.” Treats this view of sexuality as fact.

The *Home Connection* letter is disarmingly benign and filled with positive information, so some parents might not feel the need to look at this lesson. However, parents need to look beyond the *Home Connection* letter and thoroughly examine this lesson for themselves due to the controversial content.

Grade 10 Human Growth and Development

Lesson 1 - Health Awareness and Self Examinations BOYS G10 HGD L1

YELLOW Students are given instruction on early detection strategies and identification of warning signs of various disorders. Boys receive instruction on testicular self-exams. Parents encouraged to review in order to address concerns this may raise with their children. Did not see video on testicular exam.

Lesson 1 - Health Awareness and Self Examinations GIRLS G10 HGD L1

YELLOW Students are given instruction on early detection strategies and identification of warning signs of various disorders. Girls receive instruction on breast self-awareness. Parents encouraged to review in order to address concerns this may raise with their children.

Lesson 2 – Contraception G10 HGD L2

RED Group discussions among students about various contraceptive methods. Risks associated with contraception methods presented do not give adequate attention to risks involved. Instruction on abstinence and refusal skills also presented.

Lesson 3 - Unplanned Pregnancy G10 HGD L3

RED Students discuss three options available in the event of an unplanned pregnancy: Keep and parent the baby, adoption, abortion. The worksheet students that are instructed to fill out does not present balanced view of issues. Teacher's notes state that young women can obtain abortion without parental consent using free legal services.

Lesson 4 - Sexually Transmitted Infections G10 HGD L4

RED Students learn about the most common bacterial, viral, and parasitic STIs. Transmission of STI's through oral and anal sex is discussed. Pre-exposure prophylaxis (PrEP) is presented as a means of HIV prevention. How to use a dental dam for oral sex is included in the lesson. Students are given writing prompts of scenarios of how to tell a partner about being infected with an STI. A list of community health resources is distributed to students.

Lesson 5 - Human Sexuality G10 HGD L5

RED Students are taught that their biological sex can differ from their personal perception of gender. Students are asked to pair up for discussions on sexual orientation and gender identity. Worksheet asks student whether their views on human sexuality match their parents' views.

Lesson 6 – Relationships G10 HGD L6

YELLOW Students examine dating relationships, dating violence, rape, and sex trafficking. Information on consent for sexual relationships is discussed, implying casual sex. Missing from this discussion is that consent for sexual relations is consent for pregnancy, STIs, and emotional issues. Parents are encouraged to review and

decide whether this lesson is appropriate for their children. Violence and abuse are discussed and shown in videos. This may be disturbing to some students.

Grade 11 Family Life Education

Lesson 1 - Prevention of Pregnancy and Sexually Transmitted Infections G11 FLE L1

RED The statement “sexually transmitted infections and pregnancy are both preventable,” implies that pregnancy and sexually transmitted infections are equivalent. Abstinence is mentioned on several occasions as the only 100% way to prevent STIs and pregnancy, but a major part of the lesson discusses what to do if a student is sexually active. States that “condoms are an effective method of preventing pregnancy and STIs” noting that “40% of sexually active teens choose not to use condoms.” Tells students where to obtain contraceptives without parental permission.

Medical omissions: Students are told about PrEP (to prevent HIV), IUDs, LARC, the morning after pill, and other ways to prevent pregnancy without explaining the serious risks of using some of these methods.

Students spend two 90-minute class periods analyzing data from the FCPS Youth Survey. This data covers topics such as condom use by 8th, 10th, and 12th graders. Such statements as “when a couple decides to become sexually active” and “When two people decide to engage in sexual activity ...” contradicts FCPS policy of encouraging abstinence until marriage. Lesson mentions anal and oral sex multiple times.

Lesson 2 - Unhealthy Relationships and Sexual Violence G11 FLE L2

YELLOW The discussion of consent assumes sex outside of marriage and implies that anything agreed to is acceptable. This section requires the students be separated into groups to conduct peer discussions about topics requiring more guidance than the lesson provides.

Grade 12 Family Life Education

Lesson 1 The Family in Virginia Law G12 FLE L1

RED This lesson covers Virginia laws on divorce, adoption, child pornography and other subjects and includes graphic descriptions of myriad sexual offenses which may be too intense for some students, especially those who may have been victims of sexual assault. Includes case studies on adoption, child neglect due to parental drug abuse and sexual assault along with a video *Tricked: Inside the World of Teen Sex Trafficking*.

Lesson 2 Sexually Transmitted Infections G12 FLE L2

RED. This lesson covers Pre-Exposure Prophylaxis (PrEP), a daily medication which, if taken properly, is 70% to 90% effective in preventing HIV infection. Long-term use can cause liver damage and other serious consequences and failure of adolescents to adhere to such a daily regimen lessens its effectiveness. PrEP does not prevent other STIs: “In a meta-analysis of 18 studies, researchers found that rates of new diagnoses of STIs among MSM (men who have sex with men) given PrEP were 25.3 times greater for gonorrhea, 11.2 times greater for chlamydia, and 44.6 times greater for syphilis, compared with the rates among MSM not given PrEP.” Source: Wikipedia, accessed 9/6/18, search term: *Pre-exposure prophylaxis*.

Lesson 3 Contraception G12 FLE L3

RED. Despite several references to abstinence, including “... abstinence is the only method that is 100% effective at preventing pregnancy and sexually transmitted infections,” this lesson implies casual sex throughout:

- “Deciding whether or not to be sexually active is a very personal decision.”
- “Students will explore considerations for choosing contraception to include ... partner’s opinion.”
- “Tell students that there is a family planning walk-in clinic which can assist teens in obtaining contraception.”
- “How does a person and his or her partner decide on the method or methods they are going to use?”
- “Why is it important to talk with a potential sexual partner about contraception?”